Seafood Throwdown

Since 2008, Seafood Throwdowns have proven to be fun, educational and community driven events to engage the larger community on issues affecting our ocean, fishing communities and fisheries.

A brainchild of the partnership between the Cape Ann Farmers Market and the Northwest Atlantic Marine Alliance (NAMA), Seafood Throwdowns are a great way to promote the ecological, social, economic, and food system importance of locally caught seafood. In addition, they are an important tool for building a broader base of support for efforts to transform fisheries and ocean policies, gauging community’s interest in Community Supported Fisheries (CSF), and highlighting institutional buyers such as hospitals in supporting locally caught, seasonal seafood.

Seafood Throwdowns are one of the few events where chefs, fisherman, community members, and mission-based organizations all come together to discuss locally caught seafood and marine policies while at the same time enjoying delicious food and friendly competition.

What started out as a Gloucester, MA event has now grown to include coastal communities throughout the region and internationally as well.

For more information please visit www.namanet.org
How does it work?
Two local chefs compete in a cooking competition inspired by local seafood.

- Each participant brings only their favorite cooking vessels/utensils, presentation plates and three of their favourite ingredients.
- Once at the competition, the chefs discover the secret seafood ingredient, the chefs are given $25 and 15 minutes to use the farmers market as their pantry.
- The chefs are then given an hour to prepare, cook and plate their dish for three judges. Where allowed, the chefs also make enough to offer a small tastings to the public.
- Dishes are judged based on four criteria: taste, use of the whole animal, presentation and originality.

2013 Seafood Throwdown Schedule:
- Jamaica Plain, MA – February 16
- Dorchester, MA – March 10
- Boston, MA – April 25
- Providence, RI – May 30
- Boston, MA – June 26
- Brooklyn, NY – July 13
- Boston, MA – July 17
- East Boston, MA – August
- Dorchester, MA – August 8
- West Tisbury, MA – August 10
- Rye, NH – August 14,
- Boston, MA – August 15
- Gloucester, MA – August 22
- Boston, MA – August 23
- Leominster, MA – September 6
- Wareham, MA – September 14
- Portsmouth, NH – September 14
- Hatteras, NC – September 19
- Unity, ME – September 22
- New Bedford, MA – September 29
- Burlington, VT – October 4
- Boston, MA – October
- Boston, MA, October 11
- Rockport, MA – October 19
- Boston, MA – October 31

* Contact us to get involved, volunteer, or plan your own Seafood Throwdown

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